

**WHITESIDE MIDDLE SCHOOL**  
**ATHLETIC TEAM TRY-OUT & PARTICIPATION REQUIREMENTS 2024-2025 School Year**

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All students wanting to participate in any sports activity listed below **MUST** have the following turned in to the middle school office by the deadline in order to participate in try-outs.

**Sports Packets must be renewed yearly and are valid for the whole school year.**

Questions may be directed to coaches or the athletic director by e-mail at [joe.glynn@wssd115.org](mailto:joe.glynn@wssd115.org).

- **Current physical (less than one year old as of tryout date)**
    - Must Have Approval to Participate in Athletics/Sports Box Checked
    - Must be **SIGNED** and Filled out by a Physician, N.P., or P.A. to be valid
  - **2024-2025 Sports packet (only one required per school year)**
    1. Certificate of Physical Fitness for Participation
    2. Agreement to Participate
    3. Medical Authorization Form
    4. Concussion Information Acknowledgement
  - **Registration fee and all incidental fees (lunch, IDs, library, etc.) paid**
  - **No more than one F to be academically eligible (not applicable for August tryouts)**
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Note: If your student makes a team, an Activity Fee of \$25 for the first activity and \$10 for each additional activity is due two (2) weeks following tryouts or by the first game, whichever comes first. This is not required for tryouts.

Students with any outstanding fees on any given Monday will have until Friday of that week to make payment. Students will be required to "sit out" the following week until all fees are paid. If not paid by Friday of the second week, the student will be removed from the team.

The district allows a student to modify his or her athletic or team uniform for the purpose of modesty in clothing or attire that is in accordance with the requirements of his or her religion or his or her cultural values of modesty preferences. A student is not required to receive the prior approval of the school administration for such modifications.

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**Early Fall Sports- Open to Incoming 5<sup>th</sup>- 8<sup>th</sup> Graders**

- Physical, sports packet, and fees due by **Wednesday, July 24**
- Baseball- Coach Troy Griffith- [troy.griffith@wssd115.org](mailto:troy.griffith@wssd115.org)
  - Tryouts: July 29th and July 30th from 10am to 12pm
- Softball- Coach Amanda Dermody- [amanda.dermody@wssd115.org](mailto:amanda.dermody@wssd115.org)
- Tryouts: July 29th and July 30 from 9am to 10:30am

**Intermediate Fall Sports – Open to Incoming 5<sup>th</sup>-8<sup>th</sup> Graders**

- Cross Country – Coach Dusty Schulz- [dusty.schulz@wssd115.org](mailto:dusty.schulz@wssd115.org)
- Tryouts: TBD
- Physical, sports packet, and fees due by **Tuesday, August 1**

**Late Fall Sports**

- Cheerleading – 7<sup>th</sup> & 8<sup>th</sup> Graders – Coach TBD
- Tryouts: Mid-September/ Early October
- Physical, sports packet, and fees due by **Wednesday, September 11**
- Boys' Basketball –Coach TBD (7-8)
  - Coach TBD (5-6)
- Girls Basketball - Coach Joe Glynn (7-8) [joe.glynn@wssd115.org](mailto:joe.glynn@wssd115.org)
  - Coach Amanda Dermody (5-6) [amanda.dermody@wssd115.org](mailto:amanda.dermody@wssd115.org)
- Tryouts first or second week in October
- Physical, sports packet, and fees due by **Thursday, September 26**

**Winter Sports**

- Boys' Volleyball- Coach Kelsey Smith (5-8)- [kelsey.smith@wssd115.org](mailto:kelsey.smith@wssd115.org)
- Girls' Volleyball- Coach Addison Burris (7-8)- [addison.burris@wssd115.org](mailto:addison.burris@wssd115.org)
  - Coach Shea Lodes (5-6)- [shea.lodes@wssd115.org](mailto:shea.lodes@wssd115.org)
- Bowling (Grades 5-8) – Coach TBD
- Tryouts first or second week in January
- Physical, sports packet, and fees due by **Wednesday, December 11**

**Spring Sports**

- Boys' Track (Grades 6-8) – Coach Mya Dixon [mya.dixon@wssd115.org](mailto:mya.dixon@wssd115.org)
- Girls' Track (Grades 6-8) – Coach Erin Strinni [erin.strinni@wssd115.org](mailto:erin.strinni@wssd115.org)
- Golf (Grades 5-8)- Coach Dennis Martinez- [dennis.martinez@wssd115.org](mailto:dennis.martinez@wssd115.org)
- Soccer (Co- Ed- Girls and Boys) - Coach Dawn Vollmer - [dawn.vollmer@wssd115.org](mailto:dawn.vollmer@wssd115.org)
- Tryouts second week of March
- Physical, sports packet, and fees due by **Monday, March 3**